Rio Arriba 4-H Presents: **4-H Constant GROWS HERE it Tuesdays!**

FAMILY, FRIENDS AND COMMUNITY

Cloverbuds enrolled in the Family, Friends, and Community project will complete activities on family heritage, exploring your town, and identifying your state.



Some of the Project Activities include:

My Family Portrait
My Family
Someone Special
Getting to Know you!
Mt Family Flag

Complete the following activities, share your results, and earn points! Watch these video about Family, Friends, and Community! Small Talk | Friendship: https://youtu.be/d9HH3pTmHz8 The Family Book: https://youtu.be/MIm_H01Z6Ss

Then Complete the "My Family Portrait" and "Getting to Know You!" Activity sheets.

> Bonus Activity DYI Family Hand Prints (attached)



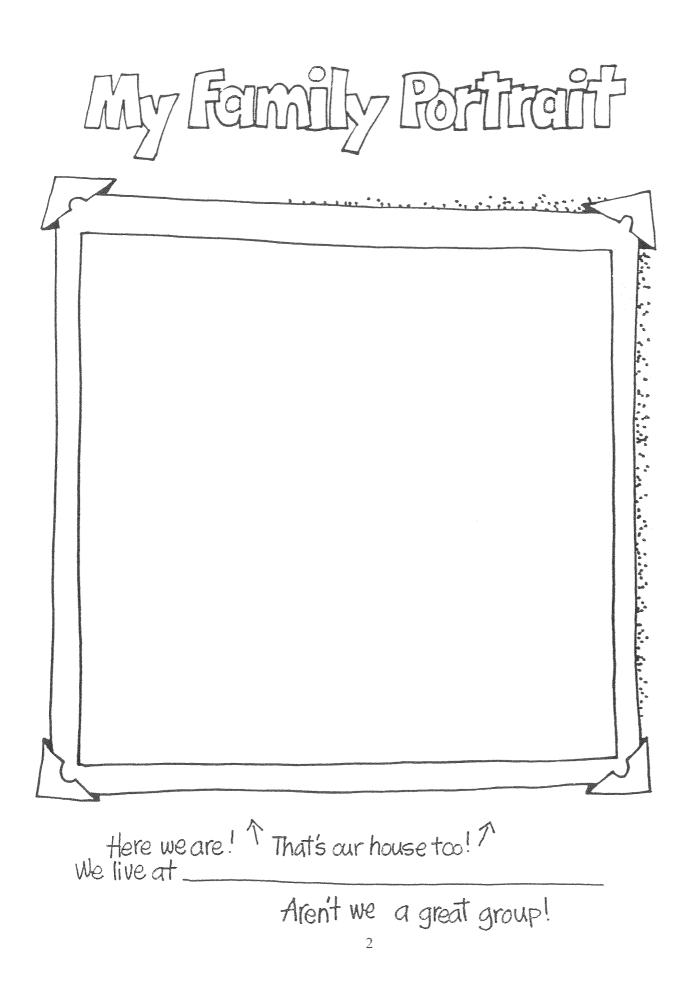
Send a picture of your projects to: marctala@nmsu.edu or hannah99@nmsu.edu

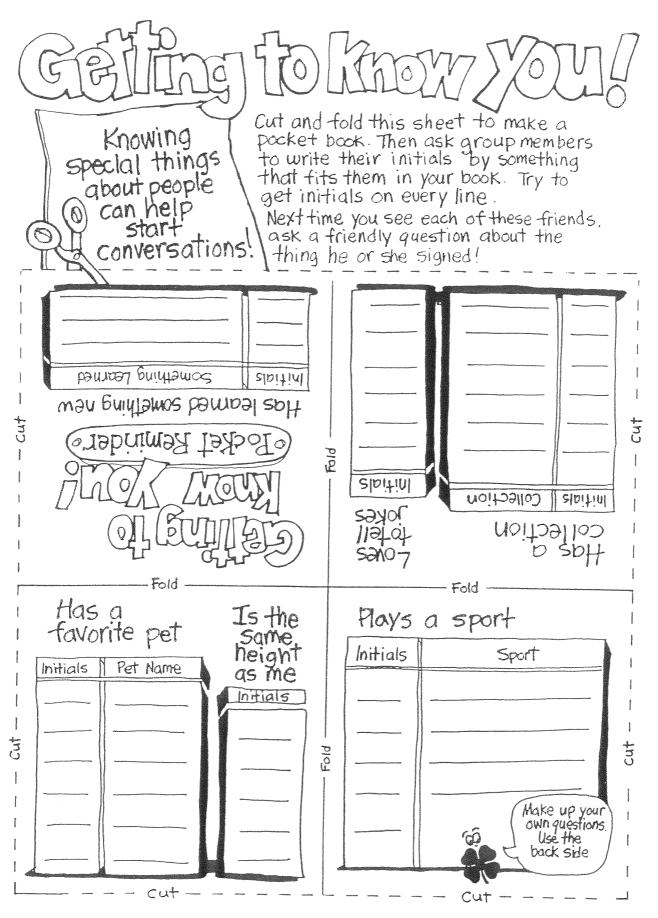
Earn points for your participation and receive Pizza Gift cards!

Have Questions Contact: 575-588-7423 Marcella, Extension 4-H Agent, at <u>marctala@nmsu.edu</u> Hannah, Extension Program Assistant, at <u>hannah99@nmsu.edu</u>



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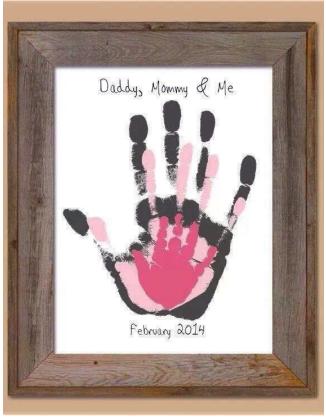


DIY Family Hand Prints

This is a great DIY project to get the entire family involved. Plus, it will make a wonderful keepsake that you'll look back on for years to come.

So what do you have to do? It's easy... First, collect your family. Drawing paper would work well for this, but you can also choose to use a pre-hung canvas that you can get at any craft store. You'll need to choose a few paint colors. Either craft paint or acrylic would well and make for easy clean-up.

Next, gather your family. Measure hand size, who has the biggest hand? Who has the smallest hand? Hands will be stamped biggest to smallest. Spread your first color on the largest hand and stamp hand onto paper. Let dry. Next smaller hand, Repeat and let dry. Then follow-up with the smaller one(s). Let dry and Wha-La! You're ready to frame. Then just find a space on the wall to hang your one-of-a-kind creation that you'll enjoy forever.



Source: http://diyfunideas.com/diy-family-hand-prints/