



Rio Arriba County  
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# CLOVERLEAF

Your Source for 4-H News and Events



## SEPTEMBER 2022



### HAPPY BIRTHDAY!

**Dallas, Esadora, Gabriel, Isabelle, Xenayah, Megan, Wyatt, Eli, KCm, Allie Jo, Caleb, Angel, Elizabeth, Elijah, Miguel, Alana, Olivia**



### HAPPY SEPTEMBER!

We are down to the last month in the current 4-H year. Have you completed your goals for the year? Have you started your planning for next 4-H year?

As we continue to offer regular operating business hours, we ask you arrange an appointment to visit our offices to be sure we are available to serve you.

### The New Mexico State Fair Food Challenge is back!!

This is a super fun food contest modeled after the Chopped Jr. on the Food Network Channel. **Please read through the attached Guidelines for more information. It will be held Sept 17th at 9am in the 4H/FFA building at the State Fair.** In order to qualify to attend the event we will have a practice this Friday here at the Abiquiu Extension Office at 4:30, Sept.2. If we have more than 2 teams per age category who'd like to compete at State Fair we will have a judged competition to determine who will go directly following the practice. Each team can have 3 – 5 participants, with 2 teams per age group. Novices may move up to Junior level to complete a junior level team. Juniors may not move down to Novice level. The official Food Challenge Form will be sent in after Rio Arriba County teams are determined.

**Money for the contest will be organized at the practice, Friday, Sept 2, at 4:30pm.**

Please email Joy at: jczmyrid@nmsu or call: 505-685-4523 if you are interested in competing or with any questions.

### 4-H Enrollment for the

### 2022-2023 Program Year Opens October 1!

Enrollment will take place during your club meeting. Contact your Club Leader for meeting date and time.

### 4-H PORTFOLIOS DUE September 30!

Guidelines and information available on our County 4-H Website:

<https://rioarribaextension.nmsu.edu/4h.html>

Sample books available!  
Tips and Tricks to having a great 4-H Story:

- Start Early!
- Include an Introduction: Name, Age, School, and Interests.
- Tell about your 4-H projects: Goals, What did you learn, What worked and what didn't.
- Explain how your 4-H work helped you.
- Describe your plans for next year.
- Did you know you could submit a video story?
- Proof Read and Revise!

### 4-H Portfolio Q&A Session

will be held on Wednesday,  
September 7<sup>th</sup> at 7 pm

Join Zoom Meeting

<https://nmsu.zoom.us/j/98546168663>



## NM 4-H ADULT FORUM: REGISTRATION NOW OPEN!



The NM 4-H Volunteer Leaders' Association Executive Board has been busy planning the **2022 NM 4-H Adult Forum** for **Saturday, November 12** in Farmington, NM at McGee Park. This is a fun day of workshops, networking, speakers and make and take. **Registration completed by October 15 is only \$40 and includes a t-shirt. Registration October 16-31 is \$50 and does NOT include a t-shirt.**

Register at: <https://4hadulter22.ezregister.com/>

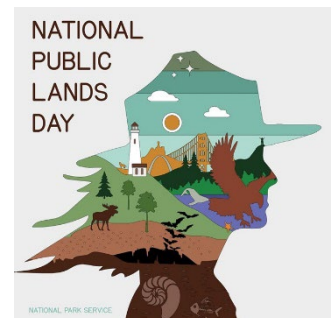


**The Jerry Hawkins Memorial Livestock Judging Contest will be held at the New Mexico State Fair at 1:00 pm on September 15<sup>th</sup> in the Dairy Barn.**

The event begins with taking entries at 12:30. Scantrons will be used if you want to advise kids to bring pencils, clipboards and paper for reasons. Contestants are entered as individuals only – no teams.

There will be novice, junior and senior divisions. Seniors will give three sets of reasons. Awards will include four buckles and thirty jackets. A buckle will be awarded to the high individual in each of the three age divisions and a high reasons in the senior division. Jackets will be awarded to the top ten in each age group.

**National Public Lands Day - Abiquiu Lake 2022 – Rio Arriba 4-H has been invited by the Abiquiu Lake Army Corp of Engineers to assist in enhancing the landscaping at the boat ramp round about, raise a new flag pole in the center, enhance some of the hiking trails, and do some shoreline cleanup on Saturday September 24<sup>th</sup>, 2022.** This is a great opportunity to give back to and enjoy a day at the lake. Please check in with the Extension office if your club is interested in assisting with the event.



**What:**  
**Idea/Information Sharing for 4-H Volunteer Leaders via Zoom**

An extension agent or 4-H volunteer will present about 5-7 minutes on a topic and open up for sharing from participants for remainder of the 10 minutes. Sessions will be recorded and shared on the State 4-H website. Since the scheduled Take 10 sessions will only focus on one small part of a larger topic, additional resources will also be found on the State 4-H website under the selected Take 10 topic.



**When:**  
**1st Thursday of the month on the dates below – 12:30pm**

### Sponsors Wanted for Rio Arriba County 4-H Program Awards

Outstanding Novice Buckle \$80  
Outstanding Junior Buckle \$80  
Outstanding Senior Buckle \$80  
Achievement Plaque \$40 Leadership Plaque \$40  
Contact the Extension Office for additional details.



✿ Make a World of Difference ✿



## 4-H Member Ages For 2022-2023 4-H Year

**CLOVERBUDS:** 5 to 8, years old AND in Kindergarten, 1st or 2nd grade  
(Born in 2015, 2016, or 2017)

**NOVICE:** 9 to 11 years old or 8 years old AND in the 3rd grade. (Born in 2012, 2013, 2014 OR born in 2015 AND in 3rd grade)

**JUNIOR:** 12 and 13 years old or 11 years old AND in 6th grade. (Born in 2010, 2011 or born in 2012 AND in the 6th grade)

**SENIOR:** 14 to 18 years old or 13 years old AND in 8th grade (Born in 2005, 2006, 2007, 2008, 2009 or born 2010 AND in 8th grade)

*Youth who are 19 as of January 1st of the current 4-H year (2023) are NOT eligible to enroll as a 4-H member. If you were born in 2004 or before, you are too old for the 2022-2023 4-H year. BUT, we would love to have you as a leader/volunteer!*

## 2022 New Mexico State 4-H Buckle

**Order NOW - November 1st**

**Cost: \$80 ~Order form @**

<https://aces.nmsu.edu/4h/documents/>



## 4-H Basics

### The 4-H Symbol

A green 4 leaf clover with a white "H" on each of its leaves.



### The 4-Hs

HEAD

HEART

HANDS

HEALTH

### MOTTO

"To Make the Best Better"

### SLOGAN

"Learn by Doing"

### PLEDGE

I pledge my head to clearer thinking. My heart to greater loyalty. My hands to larger service. And my health to better living. For my club, my community, my country and my world.

### COLORS

Green and White

Green represents springtime

White represents innocence



## 4-H Cloverbud Participation

### PURPOSE OF THE CLOVERBUD PROGRAM:

The overall purpose of the 4-H Cloverbud program is to foster the development of life skills that are essential for the cognitive, social, emotional, and physical maturation of kindergarten through 2nd graders by providing a unique educational opportunity. Children in these grades are a distinct audience for 4-H, with unique learning characteristics and developmental needs that are different from older children and youth served through 4-H membership. As a result, the 4-H Cloverbuds program is designed with specific educational objectives and program policies focused on the kindergarten-2nd grade child.

## 2022 4-H STEM Challenge

Designed by Rutgers University, Explorers of the Deep, focuses on the mysteries and adventures of ocean exploration—with robots! Young people learn how to use science, technology, engineering, and math (STEM) to explore Earth's Ocean and how it relates to all life on the planet.

The 2022 Challenge helps young people develop observational and critical thinking skills while exploring the interconnected nature between the ocean and humans, regardless of where they live. They will learn about the incredibly complex relationship between Earth's oceans and the global climate. Learn more at: <https://4-h.org/parents/4-h-stem-challenge/>





## New Mexico 4-H Policy and Procedure Handbook CLUBMEMBERSHIP COMPLETION REQUIREMENTS

To assure a degree of uniformity, the following statewide club completion requirements have been established for Novice, Junior and Senior members. Each requirement pertains to the current 4-H program year. All requirements must be enforced uniformly.

1. A member shall attend at least 40% of all club meetings and activities (Clubs may require up to 50%).
2. A member shall be involved in at least one leadership experience at the club or county level such as giving a demonstration or illustrated talk or public speech, or serving on a committee, or as a club or county officer, or as a junior or teen leader.
3. A member shall be involved in at least one citizenship activity to help others.
4. A member may complete record sheets in accordance with their abilities to receive a completion pin.
5. Project award pins should be based on record book completion.

(Completion requirements are to be determined by club leaders and /or Extension agents in the members' county.)

The above are minimum statewide requirements for the club members in the 4-H Youth Development Program.

Local clubs and/or county programs have the right to establish and enforce more stringent policies, which must be in writing and approved by the local County 4-H Council.

To access the full document go to

<https://aces.nmsu.edu/4h/4-h-policies-and-procedu.html>

## 2023 Citizenship Washington Focus

Citizenship Washington Focus (CWF) is a leadership program for high school youth from across the country. Every summer, thousands of young people participate in this week-long program. CWF provides opportunities for youth to broaden: appreciation and practice respect for themselves and others in their world; increase individual commitment to citizen involvement; and understand the importance of civic and social responsibilities as they relate to the development of better citizens and leaders. Time is provided for 4-H members to report accomplishments in 4-H to their representatives in the Washington, D.C., area as well as participate in sightseeing trips. Registration is due October 14, 2022.

Contact the Extension Office for more information about CWF.



**Remember to Check our Rio Arriba 4-H Facebook Page for more events and continuous updates!**

**State 4-H Leaderline July-August-September issue is published and available at**

[https://aces.nmsu.edu/.../leaderline\\_july-august...](https://aces.nmsu.edu/.../leaderline_july-august...)



I pledge my HEAD to clearer thinking  
My HEART to greater loyalty,  
My HANDS to larger service, and  
My HEALTH to better living,  
for my club, my community, my country and my world.

**Marcella Talamante, Extension 4-H Agent**



**BE BOLD. Shape the Future.**  
**College of Agricultural, Consumer  
and Environmental Sciences**  
Cooperative Extension Service  
Rio Arriba County Extension Office

### Dates to Remember...

- September 5: Labor Day (Extension offices Closed)
- September 8: RACF Perishable Items for NMSF Due
- September 8-18: New Mexico State Fair
- September 11: Grandparents Day
- September 30: 4-H Portfolios Due
- October 2-8: National 4-H Week
- October 6: Take 10 with 4-H Webinar
- October 10: Indigenous Day
- October 31: Halloween
- November 3: Take 10 with 4-H Webinar
- November 11: Veterans Day
- November 12: NM 4-H Adult Forum

