



Rio Arriba County
Extension Service
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CLOVERLEAF

Your Source for 4-H News and Events



DECEMBER 2021



HAPPY BIRTHDAY!

**Teagan, Alejandro, Felice, Xzayrien, Alejandro,
Alyssa, Sebastian, Belita, Faith, Liliah, Nathan**



Hello December!

We are down to the last month of the year and a quarter of the way into the 4-H year. As we transition into more in-person events and activities, remember it is up to you, to take advantage of all 4-H has to offer! We are here, actively engaged, and committed to serving you and providing 4-H programs! As we continue to offer regular operating business hours, we ask you arrange an appointment to visit our offices. Please do not hesitate to contact us with any questions and concerns. **We appreciate you! Happy Holidays!**



Take 10 with 4-H

Idea/Information Sharing for 4-H Volunteer Leaders
via Zoom



Next Session

December 2, 2021 12:30pm
- 4-H Member Opportunities

Register the session at:

<https://nmsu.zoom.us/j/9123456789>

Previous Recorded Sessions:

Club Meetings - What does a club meeting look like?

<https://youtu.be/Nr5vG1eEkto>

Getting Parents Involved - Video and Information

<https://youtu.be/rjBqEBZ0HyA>

Electronic Resources available at:

<https://aces.nmsu.edu/4h/take-10-with-4-h.html>

The 4-H Clubs believe in and practice the full development of our talents. They believe in physical and mental health. Beyond this there is an underlying creed of honesty of purpose. These objectives and practical projects make the 4-H Clubs a tremendous influence for the betterment of our country.

— Fred M. Vinson —

*Don't miss
the
Deadline*

**ENROLL NOW
for the 2021-2022
4-H Program Year!**

Enrollment is taking place during your club meeting.
Contact your Club Leader for meeting date and time.

Deadline for Re-Enrollment is JANUARY 3

Deadline for New Enrollment is MARCH 7

Deadline to Add/Delete 4-H Projects is MARCH 7

2022 SENIOR LEADERSHIP RETREAT

When: January 21-23, 2022

Where: Las Cruces, NM

The event is a three-day event filled with great workshops
learning careers, personal growth, and leadership.

The event is geared for Senior age 4-H members
(13th and in the 8th grade to 18)

Registration Cost:

\$190.00 in-person (event t-shirt and lodging)

\$100.00 in-person (event t-shirt, lodging on your own)

No Charge to attend by Zoom

Registration Deadline:

Thursday, December 9th, by 5 pm

Contact the Extension office for registration packet.



Hillbillies 4-H Club News

On November 19, 2021 the Abiquiu Hillbillies had their first official club meeting. At our meeting we had club elections, Gabriel Gallegos is our new club President, Denise Gallegos is our new Vice-President, Andrea Dominquez is club Secretary, Alejandro Dominquez Club Treasure, and me Felisiana Vigil as Club Reporter. We will be doing Officer Installment at our next meeting which is scheduled for December 28, 2021 at 7pm. We will also be having our club Christmas party and Potluck. We are also asking for any toy donations for the Carie Tingly Hospital in Albuquerque, we are planning to put up to toy donations spots at Bodes, the Abiquiu Inn, the Abiquiu Post Office, the Santo Tomas Church in Abiquiu and Las Clinicas Del Norte in Abiquiu, so if anybody wants to donate keep an eye out for one of our boxes, the toys need to be new and in original packaging.

Thank you and Happy Holidays Abiquiu Hillbillies 4-H Club

Submitted by Felisiana Vigil, Club Reporter

Biscochitos (Bizcochito)

– Recipe taken from the *New Mexico Flavor 4-H Project Book*

This traditional New Mexican cookie is eaten at special occasions and holidays, especially at Christmas time. Biscochitos were originally made with lard. Biscochitos are the official cookie for the state of New Mexico adopted by the New Mexico Legislature in 1989.

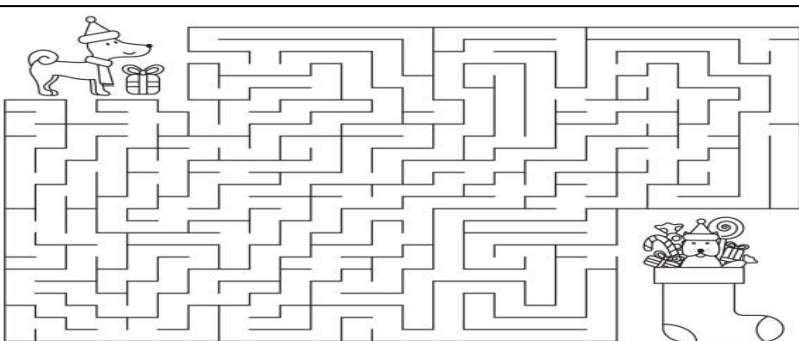
Ingredients

- 1 cup (1/2 pound) margarine, butter, or shortening
- 1/2 cup sugar
- 1 1/2 teaspoons anise seed
- 1 egg
- 3 cups flour
- 1 1/2 teaspoons baking powder
- 1/2 teaspoon salt
- 2 Tablespoons to 1/4 cup water Cookie Tops
- 1/4 cup sugar mixed with
- 1 teaspoon cinnamon



Preparations

1. In a medium size bowl cream margarine, 1/2 cup of sugar and anise seed with an electric mixer. 2. Beat egg until frothy; add to creamed mixture. 3. Sift flour in another bowl with baking powder and salt. 4. Add flour mixture and water alternately, Mixing or kneading just until blended. Use only enough water to produce a dough that is soft and stiff but not sticky. 5. On a lightly floured surface, roll dough 1/4 inch thick. (Dough can be rolled between two sheets of waxed paper.) 6. Cut in circle or fleur-de-lis shapes. 7. Dip tops of each cookie into cinnamon-sugar mixture before baking. 8. Bake at 350 degrees on ungreased baking sheets 10-12 minutes or until lightly browned. Yield: Makes 3-4 dozen



20 HOLIDAY TRADITIONS

TRADITIONS

TO BRING FAMILIES TOGETHER

1. WATCH A CHRISTMAS MOVIE TOGETHER
2. MAKE CHRISTMAS CARDS
3. DONATE CLOTHES OR TOYS TO A LOCAL SHELTER
4. DECORATE A CHRISTMAS TREE
5. BAKE AND DECORATE COOKIES
6. GO CAROLING
7. TAKE A DRIVE TO SEE THE LIGHTS
8. COLLECT PINE CONES & MAKE ORNAMENTS
9. READ A CHRISTMAS STORY
10. GO SLEDDING
11. CAMP OUT UNDER THE CHRISTMAS TREE
12. MAKE PAPER SNOWFLAKES
13. DECORATE OUTSIDE WITH LUMINARIES
14. LEARN ABOUT OTHER CULTURES' CHRISTMAS
15. CREATE A COUNTDOWN CALENDAR
16. REMEMBER CHRISTMAS PAST
17. MAKE PAPER GINGERBREAD PEOPLE
18. MAKE SNOWGLOBES WITH OLD JARS
19. PREPARE A FAMILY HOLIDAY RECIPE
20. HAVE A GIFT WRAPPING PARTY

NM State 4-H Portfolios



Portfolio is another word for a record book that covers your entire career in 4-H, as opposed to only one year. Not only will you have a comprehensive record of your 4-H activities and gain the valuable skills, you have an opportunity to compete for a sponsored trip to the National 4-H Congress in Atlanta, Georgia. This opportunity is available to Senior 4-H members (age 13 and in the 8th grade – age 18). There is no minimum number of years you have to have been a member or submitted a county record book. Books are evaluated based on growth in the timeframe submitted. Winners will be recognized during SLR.

Guidelines and forms available at <https://aces.nmsu.edu/4h/forms.html>

Deadline to submit State 4-H Portfolios to the Rio Arriba Extension Office is January 14

Rio Arriba County 4-H Council Leadership Elections

Below is information taken from the Rio Arriba Council Constitution and By-Laws.

If you have any questions or would like more information, call or email Marcella 575-588-7423 marctala@nmsu.edu

Constitution Article IV – Officers

The elected officers known as the executive committee of the Rio Arriba County 4-H Council shall consist of:

1. President
2. Vice President
3. Secretary
4. Treasurer
5. Four (4) County 4-H Ambassadors



By-Laws Article I – Election of Officers

- Officers shall be elected at the October meeting and installed at the Annual Awards Ceremony.
- Term of office shall be one year.
- Officers are not eligible to succeed themselves in the same office.
- If officers miss two (2) regular meetings or other council planned activities, they will be reviewed by the council and may be automatically removed from office. The council will vote in replacement officers from qualified council delegates.
- Voting will be by secret ballot. In case of a tie, a coin will be tossed.
- Candidates should be present at the election meeting.

Article IV – Qualifications of Officers

- The office of President should be held by a senior 4-H member who has held an office in his/her local club.
- The President and Vice President should not both be seniors in High School.
- The offices of President and Secretary should be held by members who have been in 4-H for at least two (2) years.
- The offices of Vice President, Treasurer, Reporter, Recreation Leader, Historian and Parliamentarian should be held by members who have been in 4-H at least one (1) year.
- The officer candidates should be aware of the importance of community (i.e., may have taken 4-H junior leadership projects and know duties of offices).

By Laws Article V – Duties of Officers

General duties of all officers of the Rio Arriba County 4-H Council are:

- Attend officer training (usually held in January or February).
- Keep log of duties performed and submit report at end of the year.
- Attend officer meetings as called to handle immediate matters of the council.
- Provide reports prior to regular meetings, and a letter of explanation for missed meetings.
- Train officers in each county club as requested.



A few reasons why you should become part of the Rio Arriba County 4-H Leadership team:

- You practice your leadership skills
 - You make new friends
- You help guide the growth of the county 4-H program
- You assist with Fun and Engaging events/activities
- It looks great on a scholarship application/job resume



Unlock the mysteries of space exploration!

Hosted by the NM 4-H STEAM Innovators
January 15, 2022 @ 10:00 am

Register at <https://aces.nmsu.edu/4h/virtual-events.html>
by January 5, 2022 to receive a FREE kit for this virtual event!

Program supported by:



If you are an individual with a disability who is in need of an auxiliary aid or service to participate, please contact Brittany Sonntag at bsontag@nmsu.edu by December 30, 2021.
New Mexico State University is an equal opportunity/affirmative action employer and educator. NMSU and the U.S. Department of Agriculture Cooperating **#4HSTEMChallenge**

Galactic Quest 4-H STEM Challenge

Please join us Saturday January 15, 2022 at 10am on Zoom for the Galactic Quest 4-H STEM Challenge. Designed by Clemson University, Galactic Quest focuses on the mysteries and adventures of space exploration. Participants will explore the history of humans in space, the technology and resources needed for missions, and the obstacles encountered in orbit.

Activities explore STEM topics ranging from physics and engineering to computer science and space agriculture. This event is open to Novices through Seniors. Please register before January 5, 2022 to receive a free kit. Each kit has materials for 1-4 youth to participate in the activities. Kits are limited. Registration is available at

<https://aces.nmsu.edu/4h/virtual-events.html>

State 4-H Community Service Scholarship Opportunity

- Available to Novice, Junior or Senior 4-H Member participant in listed 4-H activity.
- Apply by Submitting New Mexico 4-H Community Service Scholarship application form

Event and Application Deadline

- 2022 Home Ec School - January 14, 2022
- 2022 Youth Get-Away - February 15, 2022
- 2022 Horse School - March 15, 2022
- 2022 State 4-H Conference - April 15, 2022
- 2022-2023 NM 4-H Leadership Positions - May 2, 2022

Learn more at <https://aces.nmsu.edu/4h/scholarships.html>



2nd Annual Virtual Horse Bowl Tournament

*Do you like horses, learning about horses, and are competitive?
If so, this is the perfect competition for you!
You can represent your county from the comfort of your own home and have fun during an online virtual competition!*

When: January 24th-28th
(Bracket Style Competition)

Time: 7pm-10pm

How: Call YOUR Extension Office to get registered and for more info.



Registration Deadline January 10th.

Prizes will be awarded in each age group



Novice
Junior
Senior



You do not have to be enrolled in the horse project to compete, but must be enrolled in 4-H in New Mexico.

If you are an individual with a disability who is in need of an auxiliary aid or service to participate, please contact Jason Turner, NMSU horse Specialist by January 10th at 575-646-1242 or jturner@nmsu.edu

New Mexico State University is an equal opportunity/affirmative action employer and educator. (NMSU and the U.S. Department of Agriculture cooperating.)

ENTRIES FROM 8-10AM
SHOWMANSHIP STARTS AT 11AM FOLLOWED BY HEIFERS + STEERS
\$35 ENTRY FEE - \$10 SHOWMANSHIP - PER RING
BARN OPENS 02/11, NOON
CEDAR FIBER ONLY
SULLIVAN SUPPLY TRAILER & FOOD OPTIONS ON GROUNDS
SANCTIONED WITH NEW MEXICO CLUB CALF ASSOCIATION & BEYOND THE RING JUNIOR LIVESTOCK ASSOCIATION
ZANE WEBSTER 520.507.0195 - TY LEE 575.590.3317



What is Service-Learning?

“Service, combined with learning, adds value to each and transforms both.”

(Honnet & Poulsen, 1989, p.1)

Community service is a fundamental part of 4-H Youth Development. How service learning differs from community service is by taking the activity or event to the next level. Service-learning combines serving the community with learning objectives, creating a deeper understanding through investigation, assessment, and reflection as practiced in project-based learning.

In short, service-learning experiences are designed to benefit both the recipient and the provider of the service by incorporating service, learning, and reflection.

Service-learning is a win-win

Community service activities do not always provide youth with a deeper understanding of social, environmental, and economic needs within our communities or around our state, nation, and world. Service-learning increases academic and social knowledge by providing opportunities to gain and apply knowledge to real-world issues.

Research also shows service-learning has positive impacts on:

- Attendance and drop-out rates
- Academic and civic engagement
- Reducing youth risk behaviors
- Reducing discipline problems
- School and classroom climate

How to lead a service-learning project

The IPARDC process is a national service-learning model that can be used when planning service-learning projects. Below are some examples of how to carry out each step.

Steps in the IPARDC process:

- **Investigate community issues**
Examples include community mapping, surveys, interviews, expert panel at a meeting, read the newspaper, and take a group tour of your community.
- **Plan a project**
Examples include develop a budget, timeline, learning objectives, ask what resources we have and what we need, goals, assign tasks, determine who's accountable for what, determine who/how project will be documented, consider who might be potential partners, consider risk management – what steps do we need to include to make sure this project is safe for members and participants?
- **Act to address a problem**
“Just Do It”—follow your plan, adjust as necessary. Examples include speak in public, create a petition, fundraise, write letters, get media coverage, navigate government, hold an event, determine if it's a one-time action or must be sustained over time--it may be a short-term or long-term experience depending on what your goals are.
- **Reflect on experiences and the process**
Examples include journaling, evaluate action steps, group discussion, evaluate learning goals, evaluate projects, ask yourself: what did we learn? what would we do differently? what are we proud of? did we make a positive difference in our community? Was the project appropriate for our skill level and experience?
- **Demonstrate work to a wider audience**
Examples include create a display, develop a Power Point, write a newspaper article, create a video, post on YouTube, create a Facebook fan page, take photos, create a scrapbook, give a report to the city council, educate others, give a report to community partner groups
- **Celebrate**
Examples include have a party, invite your partners, invite benefactors to celebrate together, recognize volunteers and partners, host a community event, honor leaders within the project, thank parents or others who helped, write thank you notes

Using the IPARDC process as a guide your group will design and carry out their service-learning experience and achieve their intended goals. For more information, review the *Service-Learning Implementation Guide*.

https://dpi.wi.gov/sites/default/files/imce/service-learning/pdf/high_quality_learning_web.pdf

**ATTENTION ADULT 4-H VOLUNTEERS!
IT IS TIME TO COMPLETE THE ANNUAL WORKING
WITH MINORS TRAINING.**

You may complete the training through the Self-paced model on Zsuites: <https://4h.zsuite.org/>
Instructions available at:

<https://rioarribaextension.nmsu.edu/documents/zsuite-instructions-for-volunteers---10-02-20.pdf>

Have you completed the model in past years? Here are the steps to complete the training for this year:

1. Click on Clover Academy on left menu bar
2. Launch Clover Academy
3. Open NM Working with Minors (even though it says completed)
4. Under 'You have earned a certificate' is a button that says [Reset All Course Progress for New Year (Cannot be undone.)]
5. Click on the blue 'Reset All Course Progress for the New Year (Cannot be undone)'
6. Start Course
7. Complete course and a certificate will be available with the completion date. The county 4-H Zsuite administrator should be able to see the volunteer completion on his/her county page.

Or Join us for a scheduled Zoom Training meeting
**Monday,
December 13 at 7 pm.**

Register for a Zoom training at:

<https://nmsu.zoom.us/j/9DwbbEcO8YgNPq1fxc3pMzL>

SAVE THE DATE

Spring Shooting Sports Leader Certification
February 19-20, 2022

for Archery, Shotgun, and Rifle in Tucumcari, NM

2022 State 4-H Shooting Sports Leadership Summit
March 18-20, 2022

Whittington Center, Raton, NM

2022 State 4-H Shooting Sports Championships
May 5-8, 2022

Whittington Center, Raton, NM



Marcella Talamante

Marcella Talamante, Extension 4-H Agent



BE BOLD. Shape the Future.
College of Agricultural, Consumer
and Environmental Sciences
Cooperative Extension Service
Rio Arriba County Extension Office

4-H GROWS HERE

Clash of the Counties

STATEWIDE FOOD DRIVE

Help your community and be a winner!

WANT TO LEARN MORE AND GET INVOLVED? JOIN US ON ZOOM

We are accepting non-perishable food donations to give to our local community organizations. All contributions are counted towards our County's Collection Report.

- Nov. 30th 6pm Check in #1** → Report of month one collection and fun education session
- Dec. 21st 6pm Check in #2** → Report of month two collection and interactive cooking session
- Jan. at Senior Leadership Retreat** → Winner announced!

OUR MISSION IS TO RAISE AWARENESS OF
FOOD INSECURITY IN ALL 33 COUNTIES



WINNERS WILL RECEIVE A PRIZE/TROPHY!



I pledge my HEAD to clearer thinking
My HEART to greater loyalty,
My HANDS to larger service, and
My HEALTH to better living,
for my club, my community, my country and my world.

Remember to Check our Rio Arriba 4-H Facebook Page for more events and continuous updates!

Dates to Remember...

- December 9: SLR Registration Deadline
- December 13: Working with Minors Training
- December 21: First Day of Winter
- December 21: Clash of the Counties Zoom
- December 24-January 2: CES Offices Closed
- December 25: Christmas Day
- December 26: Kwanza Begins
- January 1: New Year's Day
- January 17: MLK Day, CES Offices Closed
- January 21-23: SLR
- January 25: 4-H Day at the Roundhouse

