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**CLOVERLEAF**  
Your Source for 4-H News and Events



## September 2024

**HAPPY BIRTHDAY!**

**Esadora, Gabriel, Isabelle, Megan, Wyatt, Eli, Allie Jo, Caleb,  
Angel, Elizabeth, Elijah, Miguel, Alana, Olivia**



**4-H Portfolios:  
Celebrate YOU!**



It's 4-H Portfolio time! Portfolio is another word for a record book that covers your entire time you've been a part of 4-H. Completing a Portfolio means you get to show-off all your great accomplishments and activities in 4-H! Not only will you have a comprehensive record of your 4-H history, you will gain writing skills and more like prizes and possibly a trip when you are a Senior 4-Her! For more information, please check out these links.

<https://nm4h.nmsu.edu/policies/forms.html>

[https://nm4h.nmsu.edu/documents/nm-4-h-portfolio-instructions\\_r-2018.pdf](https://nm4h.nmsu.edu/documents/nm-4-h-portfolio-instructions_r-2018.pdf)

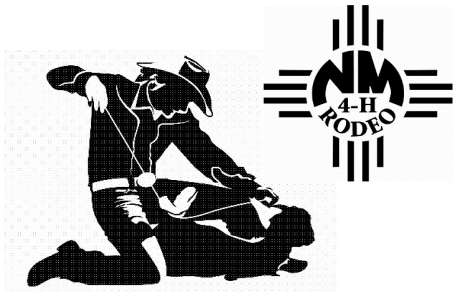
Seniors have an opportunity to compete for a sponsored trip to the National 4-H Congress in Atlanta, Georgia, beginning Thanksgiving evening through the following Tuesday afternoon. Delegates may be asked to pay a portion of the fees associated with this trip dependent upon funding. *This opportunity is available to Senior 4-H members (age 13 and in the 8th grade – age 18). There is no minimum number of years to have been a 4-H member or submitted a county record book. Books are evaluated based on growth in the timeframe submitted.*

**Portfolios are due to the County office by September 30. Don't delay, submit today!!**

### DATES TO REMEMBER

**Sept 5–15** - New Mexico State Fair  
**Sept 20-22** – State 4-H Rodeo Finals-Bosque Farms  
**Sept 25-29** - Southern NM State Fair- Las Cruces  
**Sept 30-Oct 5** – Eastern New Mexico State Fair,  
Roswell  
**Sept 7** – NM State 4-H Horse Show, NMSF  
**Sept 14** – NM 4-H Food Challenge, Bernalillo Extension  
office  
**Sept 28** – National Public Lands Day, Abiquiu Dam

**Oct 7-12** – National 4-H Week  
**Oct 2-13**– Tractor Supply Co.- Fall Paper Clover  
Fundraiser  
**Oct 3** – Take 10 with 4-H -Idea/New Family  
Information/NM 4-H Adult Forum  
**Oct 14** – Indigenous Day  
**Oct 15** – Citizenship Washington Focus Registrations  
Due  
**Oct 22** – Autumn begins  
**Oct 31** - Halloween



## 4-H Rodeo Calendar State Finals

**September 22-24 at Bosque Farms Rodeo Arena  
Bosque Farms NM**

**CONGRATULATIONS Rodeo Finals Qualifiers!!  
Elise Martinez, Aleyanna Baca, Lily Anne Montoya  
Amazing job! Good Luck at Finals!**

### NM STATE FAIR ROOMS DEAL

The Hampton Inn University/Midtown (2300 Carlisle N.E., Albuquerque) is once again offering a discounted room rate (\$91 per night) for 4-H agents, staff, youth, and families participating in the State Fair. The rooms feature two queen beds and some connecting rooms are available. The discounted rate is good between Tues., Sept. 3 – Mon., Sept. 16. Please make your reservation using this link:

<https://www.hilton.com/en/book/reservation/deeplink/?ctyhocn=ABQMTHX&groupCode=CHHNM4&arrivaldate=2024-09-03&departure=2024-09-16&cid=OM,WW,HILTONLINK,EN,DirectLink&fromId=HILTONLINKDIRECT>

## New Mexico State Fair 2024

The NM State Fair is OPEN! Our 4-Hers indoor exhibits got to State Fair safely. Congratulations to all our exhibitors!! Please stop by the 4-H Building to see how the kids did! Livestock and horse shows will be taking place all week long as well!

**Indoor entries will be released September 16<sup>th</sup> by State Fair and can be picked up at the Extension office from the 17<sup>th</sup> on. Please pick them up at your soonest convenience. Thanks so much!**

### Take 10 with 4-H on Zoom

By Cheryl Butterfield, State 4-H Agent, Volunteer Leadership Development

Idea/Information Sharing for 4-H Volunteer Leaders An extension agent or 4-H volunteer presents about 5-7 minutes on a topic and opens up the conversation for sharing from participants for the remainder of the 10 minutes. Sessions are recorded and shared on the State 4-H website. Since the scheduled Take 10 Zoom sessions only focus on one small part of a larger topic, additional resources can be found on the State 4-H website under the selected Take 10 topic.

The topics held during the same lunch hour will be separate presentations. 1st Thursday of the month on the dates below during the lunch hour.

ZOOM LINK: <https://nm4h.nmsu.edu/4h/take10.html>

#### October 3, 2024

New Family Information – 12:30pm  
NM 4-H Adult Forum – 12:24pm

#### November 7, 2024

Range School – 12:30pm

#### December 5, 2024

Project Clips – 12:30pm



# 4-H Enrollment for the 2024-25 Program Year Opens October 1!

Enrollment will take place during your club meeting. Contact your Club Leader for the meeting date and time. Re-enrollment is October 1 – 31 and *NEW* enrollment opens November 1. All enrollment is completed online at 4-H Suite. <https://4h.zsuite.org/>

Club Leaders, please introduce 4-H Z-Suite to members who are new to the online enrollment process. Zsuite help is available at:

<https://rioarribaextension.nmsu.edu/documents/Frequently-Asked-Questions---Family-Household.pdf>

<https://rioarribaextension.nmsu.edu/documents/Frequently-Asked-Questions---Volunteer.pdf>

## **CALLING ALL ADULTS** who are part of the New Mexico 4-H program

### Are you...

<input type="checkbox"/>	A 4-H parent?
<input type="checkbox"/>	Registered as a parent volunteer in your club and county
<input type="checkbox"/>	A club organizational leader or assistant leader
<input type="checkbox"/>	A county 4-H agent in New Mexico
<input type="checkbox"/>	A parent who wishes they understood more about 4-H?

### Do you...

<input type="checkbox"/>	Help out at club meetings
<input type="checkbox"/>	Want to help your 4-Her succeed
<input type="checkbox"/>	Volunteer as a club project leader or helper
<input type="checkbox"/>	chaperone 4-Hers to events & activities
<input type="checkbox"/>	Volunteer at county activities, contests and fairs

### Would you...

<input type="checkbox"/>	Like to learn more about 4-H
<input type="checkbox"/>	Like to meet other 4-H adults who do what you do in 4-H
<input type="checkbox"/>	Be willing to share what you know and do with others
<input type="checkbox"/>	Enjoy a day of fun, friends and 4-H designed for adults just like you

## If you can check even just 1 of the above boxes, then the **New Mexico 4-H Adult Retreat**

(Formerly the New Mexico Adult / Leader Forum)

**is designed especially for you  
and we would love to have you join us this year.**

## SO...

SAVE THE DATE

**New Mexico 4-H  
Adult Retreat  
Saturday, Nov. 9, 2024  
Albuquerque, N.M.**

- Registration information will be available at <https://nm4h.nmsu.edu> in August
- Are you a first-time attendee? Apply for a tuition scholarship
- Willing to share your knowledge & expertise in any area of 4-H? Please submit a Workshop Proposal. Proposals will be available on the State 4-H website starting in June
- For more information about the Adult Retreat contact Cheryl Butterfield at 575-646-3026 or Cindy Grooms at 575-644-6004



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College of Agricultural, Consumer  
and Environmental Sciences  
Cooperative Extension Service  
Extension 4-H Youth Development



If you are an individual with a disability and need an auxiliary aid or service, please enter your required accommodations on Form 300.A-3 and notify your County Extension Office.

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## Summer Program 2025 CWF

By Amy Zemler State 4-H Activities Specialist

Citizenship Washington Focus (CWF) is a leadership program for high school youth from across the country. Every summer, thousands of young people stay near Washington, D.C., to participate in this week-long program. CWF provides opportunities for youth to broaden appreciation and practice respect for themselves and others in their world; increase individual commitment to citizen involvement; and understand the importance of civic and social responsibilities as they relate to the development of better citizens and leaders. Time is provided for 4-H members to report accomplishments in 4-H to their representatives in the Washington, D.C., area as well as participate in sightseeing trips. Registration is due October 15, 2024. <https://nm4h.nmsu.edu/documents/cwf-promo-23.pdf>. Please call Rio Arriba Extension at 505-685-4523 by September 27 if you will be attending.



### FOR IMMEDIATE RELEASE:



**Contact:** Jenny Green  
Communications Specialist, New Mexico Department of Agriculture  
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Cell: 575-202-4249



Sept. 5, 2024

### Horse owners encouraged to vaccinate against West Nile virus

*New Mexico reports first human case of West Nile virus infection in 2024*

[Haga clic aquí para español.](#)

LAS CRUCES, N.M. - The state recommends that horse owners vaccinate their animals to protect them from West Nile virus (WNV) and Eastern and Western Equine Encephalitis.

The New Mexico Department of Agriculture (NMDA) – in cooperation with the New Mexico Department of Health (NMHealth) and the New Mexico Livestock Board – make the recommendation after NMHealth [confirmed a West Nile Virus infection in a resident of Union County.](#)

Horses, as well as humans, become infected after being bitten by many different mosquito species infected with WNV that have fed on infected birds. According to the American Association of Equine Practitioners (AAEP), horses represent 96.9% of all reported non-human cases of WNV in mammals.

The virus enters a horse's bloodstream and spreads to the spinal cord and brain, causing wide-spread inflammation. Clinical signs of WNV typically present within three to 15 days after exposure. Horses and humans are considered dead-end hosts of the virus and do not contribute to the transmission cycle. The virus is not directly contagious from horse to horse, nor from horse to human. Indirect transmission via mosquitoes from infected horses is highly unlikely because horses have insignificant amounts of virus

circulating in their blood. Mechanical transmission of the virus, such as through a blood transfusion, is possible. For more information on disease transmission, see the [New Mexico State University Cooperative Extension publication on West Nile Virus in Horses](#).

**Classic clinical signs of horses infected with WNV include:**

- Fever, Ataxia (incoordination), Stumbling, Hind limb weakness, Depression, Anorexia, Recumbency with the inability to rise, Muscle tremors, Dysphagia (inability to swallow), Head pressing, Signs of colic, Behavior changes, Convulsions or even coma

While all horses are susceptible to WNV disease, many horses infected with WNV may not show clinical symptoms, and some horses can die without showing signs of disease prior to death.

If your horse is showing abnormal behavior or any neurological signs (such as ataxia), call your veterinarian immediately. It is very important to rule out other neurological diseases, such as rabies, Eastern and Western Equine Encephalitis, the neurologic form of equine herpesvirus-1 (EHV1), botulism, wobbler syndrome (cervical vertebral myelopathy), among other diseases.

There is no specific treatment or cure for horses infected with West Nile Virus. Veterinary care includes administration of anti-inflammatory drugs and intravenous fluids, if necessary. Supportive care is important for infected horses to ensure adequate food and water intake, protect the safety of the horse (to prevent injuries in ataxic horses), and to prevent pressure sores in recumbent horses.

In 2023, 19 horses were confirmed to have West Nile virus; six of those horses died. “Don’t wait until it’s too late,” said Dr. Erin Phipps, NMHealth Public Health Veterinarian. “Vaccinations can make a difference and protect your horses from West Nile Virus and other mosquito-borne diseases.”

The AAEP recommends vaccinating all horses against WNV. “Horse owners in New Mexico are encouraged to contact their veterinarian about vaccinating their horse or horses,” said state veterinarian Dr. Samantha Holeck. For information on the USDA-licensed vaccines that are currently available, as well as vaccination guidelines, visit the [AAEP website](#).

For further guidance on West Nile virus in horses, including information on prognosis for infected horses, see NMDA’s West Nile virus fact sheet (hyperlink). [NMDeptAg.nmsu.edu](#)

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## **At the State Fair . . .**

### **Health & Biosecurity of 4-H Livestock Project Animals**

Please find information regarding keeping your 4-H Livestock project animals healthy at the following link. Thank you to the authors, Dr. Marcy Ward NMSU – NMSU Extension Livestock Specialist, Dr. John Wenzel – NMSU Extension Veterinarian, and Steve Lucero - NMSU Extension Sandoval - County Program Director / 4-H Agriculture Agent.

<https://pubs.nmsu.edu/b/B131/index.html>

USDA-APHIS HPAI Info for dairy cattle exhibition

<https://www.aphis.usda.gov/sites/default/files/guidance-dairy-cattle-livestock-exhibition.pdf>

### **CDC Resources for Animal Exhibitors and Fair Organizers**

Fair season is here, and the CDC has published the following resources for fair organizers and animal exhibitors.

[Considerations and Information for Fair Exhibitors to Help Prevent Influenza | Seasonal Influenza \(Flu\) | CDC](#)

[Considerations and Information for Fair Organizers to Help Prevent Influenza | Seasonal Influenza \(Flu\) | CDC](#)



***Congratulations to the Blue Ribbon Bandits 4-H Club for their 2<sup>nd</sup> Place win for the County 4-H Booth at the New Mexico State Fair! Great job, we're so proud of you!!***

## Join us at Abiquiu Lake

To give back to your public lands on

### **National Public Lands Day**

Saturday, September 28, 2024

10 am-2 pm

with registration beginning at 9:30 am  
at Group Shelter 3 by the boat ramp.

Activities will include:

Shoreline Trash Pick-Up, Building birdhouses for Juniper Titmouse, and a Pollinator Garden Plant ID activity for children.

Volunteers will receive a free night of camping.

Please come dressed appropriately for the activities and weather. Wear sturdy shoes, bring water, sunscreen and hats to protect from the sun. We look forward to working with you!



I pledge my HEAD to clearer thinking  
My HEART to greater loyalty,  
My HANDS to larger service, and  
My HEALTH to better living,  
for my club, my community, my country and my world.



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Joy Czmyrid, Rio Arriba County  
Family & Consumer Sciences/4-H Agent