



RIO ARRIBA COUNTY 4-H CONTEST DESCRIPTION AND GUIDELINES



CONTEST & ELIGIBILITY	DESCRIPTION	REQUIREMENTS	LEVEL
Agronomy <ul style="list-style-type: none"> • Senior 	The contest consists of three sections: Identification, placing classes, and insect identification.	⇒ May compete as an individual or a team. ⇒ Teams consist of 3 or 4 members References: Field identification of the 50 most common plant families in temperate regions; Plant Identification Basics; Plant ID Basics; Identifying Pasture Grasses; Plant Identification, Plant Materials Technical Note; Identification: Characteristics of Grasses	County State
Consumer Decision Making <ul style="list-style-type: none"> • Novice • Junior • Senior <p style="text-align: center;">Available as an activity for Cloverbuds.</p>	This contest teaches how to observe, compare and make decisions based on standards of quality and facts collected, then tell why one item is better than another. Novice and Juniors will evaluate a total of four classes; Seniors will evaluate six classes.	⇒ Team consists of 3 to 4 members ⇒ Oral reasons are given on one class for Novice, two classes for Juniors and Seniors. ⇒ Two minutes will be given for oral reason presentation. Reference: Consumer Decision-Making Contest Handbook.	County District State
Entomology <ul style="list-style-type: none"> • Novice • Junior • Senior 	The contest provides an opportunity for 4-H members to demonstrate their knowledge of entomology, the study of insects. Novices identify 25 insects by their common name. Juniors identify 25 insects by their common name and give type of mouthparts. Seniors be given 25 specimens and answer five questions per specimen, in addition to a 50 multiple choice test.	⇒ Any 4-H member currently enrolled in any phase of 4-H project work may participate ⇒ Teams of 3 to 4 members. References: New Mexico 4-H Entomology Units I, II and Advanced. Insects Rule the Planet: Bugs, Butterflies, Beetles and Beasities – 4-H Curriculum. 100.J-10 (Revised 2015). One Hundred Common Insects of New Mexico. Twelve Additional Common Insects of New Mexico.	County District State
Dairy Judging Contest <ul style="list-style-type: none"> • Senior 	The contest consists of evaluating five classes, with each class showing a total of four animals. Oral reasons will be given on at least two classes	⇒ Be enrolled in any 4-H project ⇒ Team of 3 or 4 members ⇒ Participants will be given 15 minutes to place each class	County State

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<p>Favorite Food Show</p> <ul style="list-style-type: none"> • Novice • Junior • Senior <p>Available as an activity for Cloverbuds.</p>	<p>Members prepare a favorite Food that is nutritious, and displays along with a day's menu, the recipe, and appropriate table setting. Recipes should be from a reliable cookbook, Extension publication, or like source, and can be prepared in less than one-hour. Display should include appropriate centerpiece. Members discusses recipe preparation and table setting with judge.</p>	<p>Each contestant's favorite food must be selected from one of the following:</p> <ul style="list-style-type: none"> ⇒ Nutritious snack or beverage ⇒ Bread ⇒ Sandwich ⇒ Main Dish ⇒ Salad ⇒ Fruit or Vegetable <p style="text-align: center;"><i>No desserts allowed.</i></p> <p>References: USDA MyPlate, Novice ad Juniors District Contest Favorite Food Show Rules; Senior Favorite Food Guide</p>	<p>County District State</p>
<p>Fashion Magic</p> <ul style="list-style-type: none"> • Senior 	<p>Members enrolled in the Fashion Magic project series learn about clothing selection, coordination, accessorizing, and care. Project requirements include selecting and coordinating an outfit, and keeping a notebook of their project activities. The contest involves completing and submitting the notebook for judging, and modeling their coordinated outfit. The outfit may be constructed, purchased, or recycled into a new outfit.</p>	<p>⇒ Must be enrolled in one of the Fashion Magic projects:</p> <ul style="list-style-type: none"> • Wardrobe Planning (required to complete the series) • Clothing Coordination • Fashion Consumerism and Careers <p>⇒ Complete and submit a project notebook.</p> <p>⇒ Coordinate an outfit, and model it.</p>	<p>County State</p>
<p>Hippology</p> <ul style="list-style-type: none"> • Senior 	<p>Hippology is an activity that can make learning fun for 4-H members by letting them exhibit their knowledge and understanding of equine science and husbandry in a friendly but competitive setting. The Hippology Contest has three different phases:</p> <ul style="list-style-type: none"> • Examination Phase • Station Phase • Judging Phase 	<p>⇒ Be enrolled in 4-H the current year</p> <p>⇒ Counties may enter 2 teams of 3 to 4 members.</p> <p>⇒ Contestants may not have participated in an official, postsecondary Hippology, horse bowl, or horse judging contest.</p> <p>References: Equus Magazine, glossary only; Evans The Horse; Feeding and Care of the Horse; AYHC Horse Industry Handbooks; AHC Youth Leaders Manual; Kainer The Coloring Atlas of Horse Anatomy; Alpine blue Ribbon Books; State Line Tack Catalogs</p>	<p>County State</p>

CONTEST & ELIGIBILITY	DESCRIPTION	REQUIREMENTS	LEVEL
<p>Horse Judging</p> <ul style="list-style-type: none"> • Novice • Junior • Senior 	<p>Horse judging is the evaluation of a class of four horses. The contest may consist of up to eight-classes for Novice and Junior participants; and up to ten classes for Seniors. The contest will include halter classes and performance classes.</p>	<p>⇒ Any 4-H member currently enrolled in any phase of 4-H project work may participate. ⇒ Novice and Juniors will be given 12 minutes to place each class; Seniors will be given 15 minutes per class for placing. All members will be given 2 minutes for reciting oral reasons.</p> <p>References: 4-H Horse Judging Guide for English Performance, 200 R-47; New Mexico Horse Judging Manual, 200 R-48; Horse Judging For Good Reasons, 200 R-48b; Placing Card for 4-H Judging Events, 200 D-9</p>	<p>County District State</p>
<p>Family and Consumer Science Bowl</p> <ul style="list-style-type: none"> • Senior 	<p>This bowl game involves the 4-Hers in a College Bowl type contest matching wits with the opposing team to see who can answer the most questions. The contest covers materials from all areas of home economics—cooking, baking, money management, crafts, clothing, nutrition, consumerism. Contest includes: Written Exam, Head-to-head competition, and Toss Up.</p>	<p>⇒ Be enrolled in any 4-H project ⇒ Each county may send one or two teams. ⇒ A team must have 4 members.</p> <p>Study Materials Study Materials are determined annually the State 4-H Office and State 4-H Conference FCS Bowl Committee.</p>	<p>County State</p>
<p>Family and Consumer Science Skill-A-Thon</p> <ul style="list-style-type: none"> • Novice • Junior • Senior 	<p>The contest provides an opportunity for members to develop specific home economics and life skills in a friendly but competitive setting by demonstrating the breadth of their knowledge and understanding of home economics practices and principles.</p> <p>Members will complete: food and cooking identification; sewing and clothing identification; Juniors and Seniors will also complete food and nutrition judging; and housing and interior design identification.</p>	<p>⇒ Be enrolled in 4-H the current year. ⇒ Classes judged by 3 or 4 member teams as individuals, and as a team. ⇒ Team competition involves responding to a set of situations.</p> <p>Study Materials are available at: http://www.westernnationalroundup.org/contests-fcs.aspx</p>	<p>County District State</p>

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Land Judging Contest <ul style="list-style-type: none"> • Senior 	The contest provides an opportunity for members to develop their land evaluation skills. Information of field conditions will be given for each location, including deficiencies in soil, manure available, thickness or original topsoil, size of field and availability of irrigation water.	⇒ Enrolled in any 4-H project ⇒ Teams of 3 or 4 members References: Land Judging Scorecard, 300 A-10; Land Judging (Land Judging in Oklahoma), 100 A-2; Guide to selecting Land Capability Classes in State Land Judging Contest	County State
Livestock Judging <ul style="list-style-type: none"> • Novice • Junior • Senior 	The contest consists of evaluating four animals in a class; With classes including breeding and market beef, sheep, swine and goats. Classes selected will depend on the availability of livestock. Novice or Juniors will evaluate four or five classes; Seniors will evaluate eight or nine classes.	⇒ Any 4-H member currently enrolled in any phase of 4-H project work may participate. ⇒ Time limit of 15 minutes per class for judging and 2 minutes for reciting oral reasons. References: Guide for Teaching Livestock Judging, 200 R-1; Livestock Scantron 476-3	County District State
Livestock Skill-A-Thon <ul style="list-style-type: none"> • Novice • Junior • Senior 	The contest provides an opportunity for members to develop their livestock production skills and life skills in a friendly but competitive setting by demonstrating the breadth of their knowledge and understanding of animal science and livestock management practices. Exercises topics include: Quiz, Livestock Breed Identification, Retail Meat Cut Identification, Hay and Wool Judging Class, Quality Assurance Exercise, Livestock Equipment.	⇒ Be enrolled in 4-H the current year. ⇒ Classes judged by 3 or 4 member teams as individuals, and as a team. References: A. NM 4-H Beef Project Material B. NM 4-H Market Lamb Project Material C. NM 4-H Swine Project Material D. Nasco Agriculture Sciences Catalog E. Meat judging manual published by the National Livestock and Meat Board F. Breeds of Livestock – Oklahoma State University.	County District State

CONTEST & ELIGIBILITY	DESCRIPTION	REQUIREMENTS	LEVEL
<p>NM Talent Contest</p> <ul style="list-style-type: none"> Novice Junior Senior 	<p>The contest provides Senior members the opportunity to develop cooperation skills and self-confidence by working together, or individually, to plan and participate in a public appearance.</p> <p>Talent category include: comedian, poet, vocal, musical, choreographed routines, drama, Celebrate 4-H.</p>	<p>⇒ May be enrolled in any project. ⇒ Each county may send one or two entries in each category. ⇒ Talent must fit into one of the 7 categories. ⇒ Acts are to be for teenagers, by teenagers.</p>	<p>County District State</p>
<p>Presentations</p> <ul style="list-style-type: none"> Novice Junior Senior <p>Available as an activity for Cloverbuds.</p> <p>Categories:</p> <ul style="list-style-type: none"> <u>Agriculture</u>: Animal Science, Horticulture and Agronomy, and Natural Science project. <u>Home Economics</u>: Clothing, Foods, Food reservation, Housing, Consumer, or Family Life project. <u>General</u>: Engineering, Personal Growth and Development, Creative Arts or Arts and Crafts project. 	<p>Demonstration:</p> <ul style="list-style-type: none"> A demonstration is DOING. A demonstration is SHOW HOW. A demonstration is MAKING and DOING something. <p>Illustrated Talk:</p> <ul style="list-style-type: none"> An illustrated talk is TALKING. An illustrated talk is TELL HOW. In an illustrated talk you show pictures, charts, models, equipment. <p>Demonstrations & Illustrated talks are judged against each other.</p>	<p>⇒ Novice time limit 2 to 10 minutes. ⇒ Junior time limit 5 to 10 minutes. ⇒ Senior time limit 10 to 15 minutes.</p> <p>⇒ Contest may be an individual or a team of two members. Teams will be judged against individuals.</p> <p>⇒ Must be currently enrolled in project.</p> <p>References: Demonstrations and Illustrated Talks 200D-1. Making Posters 200D-6.</p>	<p>County District State</p>

CONTEST & ELIGIBILITY	DESCRIPTION	REQUIREMENTS	LEVEL
Public Speaking ~Prepared <ul style="list-style-type: none"> • Novice • Junior • Senior 	The topic is selected by the participant and the speech must be the original work of the presenter. Members are evaluated on Knowledge of Topic, Organization, and Presentation.	⇒ Member may be enrolled in any project. ⇒ No visual aids or sound effects should be used. ⇒ Notes may or may not be used. ⇒ Novice time limit 2 to 4 minutes. ⇒ Junior time limit 4 to 6 minutes. ⇒ Senior no longer than 8 minutes. References: Up Front with Groups - 100.F-4; Simply Speaking, 100 F-4 (N-2009); B. Senior 4-H Public Speaking Scorecard, 300 F-7	County District State
Public Speaking ~Poetry <ul style="list-style-type: none"> • Novice • Junior Available as an activity for Cloverbuds.	The participant selects topic. Poems may be original poems or obtained from a book. Participants are evaluated on interpretation and presentation.	⇒ Novice time limit 1 to 2 minutes ⇒ Junior time limit 2 to 4 minutes. ⇒ Memorized. Participants are not allowed to use notes.	County District
Public Speaking ~ Impromptu <ul style="list-style-type: none"> • Novice • Junior • Senior 	Participants prepares speech at the contest site on a topic selected by Superintendent. Novice and Junior participants are given two-minutes to prepare a speech; Senior participants are given three-minutes to prepare a speech.	Length of Speech: ⇒ Novice 1-minute minimum ⇒ Junior 2-minutes minimum ⇒ Senior 3 to 5-minutes speech.	County District State
Shooting Sports <ul style="list-style-type: none"> • Novice • Junior • Senior 	Through 4-H shooting sports, members learn and practice the rules of safety, sportsmanship, accuracy with firearms and achieve advancing degree of proficiency. Novice and junior members may participate in Rifle, Archery, and Shotgun contests. Senior members may participate in Rifle, Archery, Shotgun, Muzzleloading, Pistol, and Hunting.	⇒ Must be enrolled in respective shooting sports project. ⇒ Teams of 3-4 members or individuals may participate References: Northeast Shooting Sports Rules and New Mexico State 4-H Shooting Sports Championship Guidelines.	County District State

CONTEST & ELIGIBILITY	DESCRIPTION	REQUIREMENTS	LEVEL
Wildlife Habitat Evaluation <ul style="list-style-type: none"> • Novice • Junior • Senior 	Novice and Juniors contest consists of: 25 Wildlife Identification and 25 General Knowledge questions. Senior contest consists of four activities: <ul style="list-style-type: none"> • Wildlife Challenge* • On-Site Recommendation of Wildlife Management Practices* • Written Wildlife Management Plan** • Oral Reasons for Written Plan** *Individuals complete **Team activity	⇒ Members may be enrolled in any 4-H project. ⇒ Team consists of 3 to 4 members. If there are not enough members for a team, the county will be entered as individuals.	County District State

Rio Arriba County 4-H General Rules & Regulations

I. General Eligibility

1. Any bonafide 4-H member who has not passed his/her 18th birthday by January 1 of the current 4-H year may participate. Contests involving District, State, Regional and National events may have different age requirements.
2. All eligible 4-H members may participate in as many contest divisions as they wish, unless specified by in rules.
3. In the event that the first place team is eligible for District or State, all members of the winning teams must meet all contest requirements including age.
4. When enough members are not available to make a team, individuals may be entered.
5. Some exceptions where a team of 4 members is necessary are: Home Economics Bowl, Wildlife Bowl, and Horse Bowl. Parliamentary Procedure Contest requires 6 members.

II. Entries

1. Organizational Leaders and members will be notified of the date entries, or pre-registrations are due in the Extension Office.
2. Entering Contests: 4-H members may participate in more than one contest to the extent, the schedule, or rules, permits.
3. There are four age categories in all contest areas: (based on age as of January 1 of current year)
 - Cloverbuds—ages 5 to 8 (noncompetitive activities only).
 - Novice—ages 9 to 11 or 8 years old and in the 3rd grade (County to District)
 - Junior—ages 12 to 13 or 11 years old and in the 6th grade (County to District)
 - Senior—ages 14 to 18 or 13 years old and in the 8th grade (County to State)
4. In case of mixed ages, a team composed of Novice and Juniors, the team will compete in the Junior category.

III. General Instructions

1. Specific details on a particular contest area can be attained from the Rio Arriba County Cooperative Extension Service Office.
2. Contest involving District, State, Regional and National events may have slight differences in requirements.

IV. Judging and Selection of Winners

1. Score sheets and judging forms will be used for all contests, and are available to the contestant ahead of time.
2. Age of the contestant will be considered by the judge when evaluating charts, posters, etc.
3. The decision of judge(s) is final. In case of a tie, judges will determine the procedure for breaking the tie.
4. Ribbons will be awarded to 1st, 2nd, 3rd, and 4th place individual; participation ribbons to all others.
5. Good sportsmanship on part of the members, parents and leaders is expected throughout the contests.

Resource Websites: Rio Arriba County 4-H Webpage: <https://rioarribaextension.nmsu.edu/4h.html>

New Mexico State 4-H Webpage: <https://aces.nmsu.edu/4h/conference.html>