New Mexico Northeast 4-H District Shooting Sports – Question Bank

This material was composed to assist 4-H members in preparing for Shooting Sports Project Activities.

Archery

Multiple Choice

- 1. Which is NOT a type of bow?
 - a. Longbow
 - b. Recurve Bow
 - c. Simple Bow
 - d. Compound Bow
- 2. Which is NOT a material arrows are typically made from?
 - a. Wood
 - b. Fiberglass
 - c. Graphite
 - d. Aluminum
- 3. What piece of equipment is typically used to hold and store arrows?
 - a. Armguard
 - b. Finger tab
 - c. Shooting glove
 - d. Quiver
- 4. How many yard should your safety zone be?
 - a. 50 yards behind and 15 on each side
 - b. 15 yards behind and 50 on each side
 - c. 10 yards behind and on each side
 - d. 50 yards behind and on each side
- 5. The position of the archer when the arrow if fully drawn and the drawing hand is touching the anchor point is:
 - a. Release

b. Full Draw

- c. Let Down
- d. Pivot Point
- 6. When is it okay to shoot an arrow straight in the air?
 - a. When it is raining
 - b. When the target is really far away
 - c. Never
 - d. Anytime you feel like it
- 7. When shooting a target, your feet should be at what angle (proper stance)?
 - a. 15 degrees
 - b. 30 degrees
 - c. 60 degrees
 - d. 90 degrees

- 8. In which condition is it safe to shoot your bow?
 - a. When you think something is broken
 - b. When you know everything is working properly
 - c. When you have broken arrows
 - d. When you cannot see your target
- 9. If the bow is released after being fully drawn without an arrow, what most likely would occur?
 - a. The bow could become damaged
 - b. You could ruin the target
 - c. The arrow could become damaged
 - d. Found a new way to practice
- 10. People who want to watch you shoot should stand:
 - a. Near the target to see better
 - b. Halfway between you and the target
 - c. Behind the target
 - d. Behind you
- 11. If an archer tries to shoot an arrow which is too short, what could happen?
 - a. Raise his score 20%
 - b. No difference
 - c. Shoot the arrow into his/her bow hand
 - d. Increased accuracy
- 12. What is the most important way to think of a bow?
 - a. A toy
 - b. A bow
 - c. A lot of fun
 - d. A tool which could potentially hurt you if not used properly
- 13. Always check your equipment before shooting to determine if:
 - a. Anything is missing
 - b. If bow, string, and arrows are in safe working order
 - c. If it is yours
 - d. If it is out of date
- 14. When is a 4-H shooting contest, who is allowed to yell "CEASE FIRE"
 - a. The range master
 - b. Any 4-H member of parent
 - c. Anyone participating in or observing the contest
 - d. All of the above
- 15. What is the name of the facility you are shooting at today?
 - a. NRA Wildlife Refuge
 - b. NRA Waterford Range
 - c. NRA Whittington Center
 - d. NRA Walker's Center
- 16. Which is NOT a type of quiver?
 - a. Covered

b. Field point

- c. Ground
- d. Hip and belt

17. Which of the following is NOT an aiming method in archery?

- a. Rear view mirror
- b. Point-of-aim
- c. Sight
- d. Bare-bow
- 18. Which of the following is NOT a type of arrow head or point?
 - a. Field point
 - b. Broad head
 - c. Judo head
 - d. Whiskers
- 19. The type of bow that operates using cables and pulleys to store and release energy is called:
 - a. Compound
 - b. Longbow
 - c. Recurve
 - d. Straight
- 20. To properly store your bow, you should:
 - a. Hang it or lay it flat in a cool, dry place
 - b. Lean it in a corner of your bedroom
 - c. Stand it on the end in the kitchen
 - d. Leave it in your parent's vehicle
- 21. The arrow should be released by:
 - a. Relaxing the muscles of the shoulder
 - b. Jerking the hand off the string
 - c. Relaxing the muscles in the fingers holding the drawn string
 - d. Pushing the arrow
- 22. The eye with which a person naturally aims with is called:
 - a. Dominate/Master eye
 - b. Major eye
 - c. Strong eye
 - d. Weak eye
- 23. In archery, a proper backstop is always important when you are shooting to:
 - a. Hold the target face
 - b. Catch fly balls
 - c. Strop arrows that miss the target
 - d. Lean your bow against
- 24. When removing arrows from a target, arrows should be removed from:
 - a. The top of the target first and work your way down
 - b. Left to right
 - c. The bottom of the target and work your way up

- d. Where ever you would like to start
- 25. When shooting a compound bow, it is best to use arrows made out of what type of material?
 - a. Wood
 - b. Fiberglass
 - c. Metal
 - d. Carbon fiber
- 26. What archery equipment is used to help reduce bow torque?
 - a. Kisser button
 - b. Stabilizer
 - c. Whiskers
 - d. Sling
- 27. As you are improving our archery skills, you should increase distance in:
 - a. 5 yard increments
 - b. 10 yard increments
 - c. 15 yard increments
 - d. 20 yard increments
- 28. In order to help preserve your bow string you should use:
 - a. Bow string wax
 - b. Bee's wax
 - c. Conditioning lotion
 - d. Water
- 29. What part of the bow is the middle section of the bow that divides the upper and lower limbs.
 - a. Serving
 - b. Shelf
 - c. Riser
 - d. Pivot Point
- 30. Which is NOT considered equipment to help protect your fingers?
 - a. Shooting glove
 - b. Mechanical release
 - c. Finger tab
 - <mark>d. Armguard</mark>

True/False

- 31. It is okay to shoot your bow with worn, frayed or broken strands on your bowstring.
 - a. True
 - <mark>b. False</mark>
- 32. It is okay to place an arrow on the string when you are walking around outside.
 - a. True
 - <mark>b. False</mark>
- 33. When using the step-through method to string a recurved bow, it might twist the lower limb.

<mark>a. True</mark>

b. False

34. Always use arrows with the proper spine and length for the bow you use.

a. True

b. False

35. Arrow should be shot at a target without a backstop

a. True

<mark>b. False</mark>

36. You should buy arrows with fletching made of metal

a. True

<mark>b. False</mark>

37. The spine of an arrow is the stiffness of an arrow

a. True

b. False

38. To Let Down a bow is to carefully release tension on a drawn bow without shooting an arrow or releasing the string

a. True

b. False

39. It is safe to shoot an arrow if it is missing a vane?

a. True

<mark>b. False</mark>

40. When you are at the proper anchor point, your finger will be touching your face.

a. True

b. False

41. If you are a really good archer, it is okay to try and shoot an apple off your friend's head.

a. True

b. False

42. Target butts are made of foam or natural materials such as straw bales, tightly wound grass, or excelsior bales.

a. True

b. False

43. The arrow attaches to the string at the nocking point.

a. True

b. False

44. Longbows and recurve bow have string notches cut in the limbs near the tips to hold the bow string in place.

a. True

b. False