



Rio Arriba County
Extension Service
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CLOVERLEAF

Your Source for 4-H News and Events



August 2023

Happy Birthday!

Hekaila, Rosalie, Ariana, Alydia, Nathaniel, Keelin, Gavin,
Tristen, Lillyana, Adam, Aria, Alannah, Jeremy,
Kai & LilyAnne



Congratulations to all the Rio Arriba County Fair Exhibitors!

Your contributions helped create an amazing event.

Thank you to everyone!!



NM 4-H FOOD CHALLENGE

SEPTEMBER 16, 2023

NOVICE, JUNIOR & SENIOR
TEAMS (3-5 MEMBERS)

CONTACT YOUR COUNTY OFFICE FOR FULL DETAILS AND
REGISTRATION

REGISTRATION \$15.00/TEAM

DUE SEPT 6TH

TAMARA SCHUBERT
TAMSCHUB@NMSU.EDU



Calling all Rio Arriba 4-H Food Challenge Contestants!

What is the 4-H Food Challenge? It is a team cooking contest. Each team of 3-5 members work with a set of "secret" ingredients at their station. Using the secret ingredients and traditional pantry items, teams will be given 40 minutes to plan and prepare a dish, plan a presentation, determine the cost of the dish and cleanup their preparation area. *continued on pg 2*

Dates to Remember

Aug 12-13 – Dona Ana County 4-H Rodeo
Sept 5 – BAKED GOODS DUE to RACES, that are going to State Fair between 8am-10am
Sept 6 - NM Food Challenge Registrations Due to State Office
Sept 16 - NM 4-H Food Challenge Contests
Sept 7-17 - New Mexico State Fair
Sept 22-24 – State 4-H Rodeo Finals (location TBD)
Sept 27-Oct 1 – Southern NM State Fair
Oct 1-7 – National 4-H Week

Oct 4-15 – Tractor Supply Co.- Fall Paper Clover Fundraiser
Oct 5 – Take 10 with 4-H -Idea/Information Sharing for 4H Volunteer Leaders-Zoom
Oct 15 – First Timer Registration Scholarship Applications to Attend 4-H Adult forum are due
Oct 15 – Gerry Copeland Adult Leader Scholarship Nomination Ap are due
Oct 16 – Community Service Scholarship Ap for SLR are due in the State 4-H Office
Oct 16 – Citizenship Washington Focus Registrations Due

Food Challenge continued from page 1 . . .

The day of the contest the food category that will be prepared will be announced: main dish, fruits and vegetables, breads and cereal or nutritious snack. One category will be selected and announced at check-in the day of the contest. will be a set of secret ingredients to be used in preparation, 4 for Seniors, 3 for juniors, 2 for Novices. Pantry items that are provided will be typical of what is found in a pantry at home, for example: canned goods, dry goods, crackers, cereal, chips, and spices.

They will present to the judges a single plated serving of the dish created. Dishes prepared will be evaluated by judges for safety practices, preparation and management. Teams should plan to not have access to a kitchen facility and bring only specific items to contest that are allowed. They will highlight their knowledge of My Plate nutrition facts, food preparation, safety concerns and practices, serving size information, and cost analysis of the dish prepared.

If you would like to compete notify the Extension office by **September 1, Friday** and identify your team member and age group. 505-685-4523, or email Joy at: jczmyrid@nmsu.edu. The cost is \$15 per team.



4-H Rodeo Calendar Update

- Doña Ana County Rodeo - August 12th-13th - Landmark Arena, Mesquite, NM
- State 4-H Finals September 22nd-24th - dates confirmed, tentative location - Curry County Events Center

Going to State Fair Exhibit Winners

Well Done!

Now . . . Important . . .

Baked Goods

If your baked good won 1st place at Rio Arriba County Fair and you had a State Fair sticker on your baked item, it is going to the State Fair! Congratulations!

Please bake the same fresh item and bring it to the Extension office in Abiquiu between 8am and 10am Tuesday morning, September 5th! It will be transported to the State Fair by Joy.

Large/Heavy Exhibits

Tuesday, September 5th, please transport your item(s) to the NM State Fair, Harms Building, to arrive by 1pm, enter through Gate 6.

Spirit Table 1st Place Winner

Tuesday, Sept 5th, please transport your item(s) to the NM State Fair, Harms Building, to arrive by 1pm, enter through Gate 6. You will set up your exhibit in the area designated by State Fair officials.

Rio Arriba County Fair 2023





STATE FAIR ROOMS DEAL

The Hampton Inn University/Midtown (2300 Carlisle N.E., Albuquerque) is once again offering a discounted room rate (\$83 per night) for 4-H agents, staff, youth, and families participating in the State Fair. The rooms feature two queen beds and some connecting rooms are available. The discounted rate is good between Tues., Sept. 5 – Mon., Sept. 18. Please make your reservation using this link:

<https://www.hilton.com/en/book/reservation/deeplink/?ctyhocn=ABQMTHX&groupCode=CHHNMF&arrivaldate=2023-09-05&departuredate=2023-09-18&cid=OM,WW,HILTONLINK,EN,DirectLink&fromId=HILTONLINKDIRECT>



New Mexico State 4-H Horse Show

New Mexico State Fair

Indoor Horse Arena

Saturday, September 16, 2023, 9:00am

For further information:

Website: southwestshowmanagement.com

Email: southwestshowmgmt@gmail.com



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College of Agricultural, Consumer and
Environmental Sciences
Cooperative Extension Service



If you are an individual with a disability and need an auxiliary aid or service please enter your required accommodations on Form 300.A-3 and notify your County Extension

New Mexico State University is an equal opportunity/affirmative action employer and educator. NMSU and the U.S. Department of Agriculture cooperating.

A close-up photograph of a horse's lower limb, showing the hoof and surrounding structures, used as a background for the event information.

EQUINE LOWER LIMB DISSECTION LAB

October 7, 2023

World Renowned Hoof Expert and Equine Dissectionist, Paige Poss, is coming to Lordsburg to teach and provide learning opportunities in an Equine Lower Limb Dissection Clinic.

Hidalgo County Fairgrounds
Lordsburg, New Mexico

October 7, 2023
8am - 4:00pm
Lunch provided

To register:
kmcspadden728@gmail.com

**4H and FFA youth are free for event
lunch is \$10/each
Adults \$110/each**

4-H Club News

Los Oso del Valle 4-H club Supporting our children at Espanola parade.
Great job Antonio, Lilyanne and Elias!





Summer Program 2024 CWF

By Amy Zemler State 4-H Activities Specialist

Citizenship Washington Focus (CWF) is a leadership program for high school youth from across the country. Every summer, thousands of young people stay near Washington, D.C., to participate in this week-long program. CWF provides opportunities for youth to broaden appreciation and practice respect for themselves and others in their world; increase individual commitment to citizen involvement; and understand the importance of civic and social responsibilities as they relate to the development of better citizens and leaders. Time is provided for 4-H members to report accomplishments in 4-H to their representatives in the Washington, D.C., area as well as participate in sightseeing trips. Registration is due October 16, 2023. Contact your County Extension Office at <https://aces.nmsu.edu/county> for more information about CWF.



Take 10 with 4-H on Zoom

By Cheryl Butterfield State 4-H Agent
Volunteer Leadership Development

Idea/Information Sharing for 4-H Volunteer Leaders An extension agent or 4-H volunteer presents about 5-7 minutes on a topic and opens up the conversation for sharing from participants for the remainder of the 10 minutes.

Sessions are recorded and shared on the State 4-H website. Since the scheduled Take 10 Zoom sessions only focus on one small part of a larger topic, additional resources can be found on the State 4-H website under the selected Take 10 topic.

The topics held during the same lunch hour will be separate presentations. 1st Thursday of the month on the dates below during the lunch hour. Contact RACES office for zoom link info.

October 5, 2023 Build Club Membership/Involvement (12:30pm) Community Service Ideas for Clubs (12:45pm)
November 2, 2023 State Portfolios (12:30pm)
December 7, 2023 Role of Club Leader (12:30pm)

NEW MEXICO STATE FAIR & 4-H EQUINE UPDATES

- The State 4-H Horse Show will be Saturday, September 16th @ 9:00 am at the NMSF.

- NMSF Horse Show Premium Book is available at the following link:

[https://cdn.saffire.com/files.ashx?t=fg&rid=NewMexicoStateFair&f=NMSF_2023_Premium_HORSE_\(1\).pdf](https://cdn.saffire.com/files.ashx?t=fg&rid=NewMexicoStateFair&f=NMSF_2023_Premium_HORSE_(1).pdf)

- **Pre-Entry closing date is August 15th** - please see NMSF premium book for more details.
- Please see the attached flyer. This information has also been posted to the State 4-H website.
- State 4-H Horse Show Rules are available at the following link:

<https://nm4h.nmsu.edu/documents/2023-Final-New-Mexico-4H-Horse-Show-Rules1.pdf>

4-H Rodeo

- The New Mexico State 4-H Rodeo Finals will be held September 22-24 in Clovis, NM
- More information will be sent to Counties and posted to the State 4-H website when it becomes available.
- The State 4-H Rodeo point standings are available on the State 4-H website at the following link
<https://nm4h.nmsu.edu/4h/4h-rodeo.html>

4-H Horse

- The All Breed Horse Show Association will be hosting 4-H Show opportunities for De Baca County AND Curry County on August 12th as a DOUBLE Judged show. This opportunity was brought about as a result of the De Baca show being rained out. Please see the entry forms for more details. Entry forms for these shows are available at the following link <https://nm4h.nmsu.edu/4h/horse-show.html>

Please note: Two entry forms must be filled out (De Baca and Curry) to be eligible for both shows. 4-H'ers are not required to be ABHSA members. However, they may enter ABHSA classes if they wish.

- The State 4-H Horse Show will be Saturday, September 16th @ 9:00 am at the NMSF (**see information above**)



The poster features a close-up of a horse's face on the left and a green four-leaf clover with 'H' letters on the right. The text is as follows:

Save the Dates
ALL BREED HORSE SHOW ASSOCIATION
SANCTIONED NM 4-H HORSE SHOWS

JUNE 3, 2023
DE BACA COUNTY FAIRGROUNDS, FORT SUMNER, NM

JUNE 24, 2023
ROOSEVELT COUNTY FAIRGROUNDS, PORTALES NM

AUGUST 12, 2023
MOUNTED PATROL ARENA, CURRY COUNTY
FAIRGROUNDS, CLOVIS NM

All shows will follow the 2023 New Mexico 4-H Horse Show rules with regards to 4-H classes and points will go toward the state series.



I pledge my HEAD to clearer thinking
My HEART to greater loyalty,
My HANDS to larger service, and
My HEALTH to better living,
for my club, my community, my country and my world.



Joy Czmyrid, Rio Arriba County
Family & Consumer Sciences/4-H FCS Agent



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